

# Cadet Activity Program (CAP)

## FOR 1<sup>ST</sup> YEAR CADETS

The Cadet Activity Program is a locally delivered program held during Summer 2022. CAP provides a fun, challenging, and meaningful experience for cadets above and beyond what they would receive at the local corps and squadron level.

## CAP1

### All Elements (5 days, local training) - Completed Year 1

CAP1 is designed for 1<sup>st</sup> year cadets to expand their cadet skills by participating in local, fun and interactive community-based activities alongside other sea, army or air cadets. Activities will vary based on available community resources and will include recreation/sports, mental wellness skills, community tours/specialist presenters and practical cadet skills development.



## CAP Locations

**Note for cadets in the Interior Area: Overnight CAP offered** to maximize cadet participation. Non-local cadets will remain overnight for the duration of CAP.

### Dates & locations

#### Interior:

Kootenay: Tweedsmuir Scout Camp in Fruitvale  
Jul 18-22, 2022

Terrace: Terrace Air Cadet Hall  
Jul 11-15, 2022

Prince George: Connaught Youth Centre  
Jul 25-29, 2022

Kamloops: Thompson River University  
Jul 4-8, 2022

Vernon: Vernon CTC D lines  
Jul 4-8, 2022

Penticton: Penticton Shooting Club  
Jul 4-8, 2022

#### Vancouver Island:

Comox  
Jul 11-15, 2022 | Aug 8-12, 2022

Nanaimo  
Jul 11-15, 2022 | Aug 8-12, 2022

Victoria  
Jul 11-15, 2022 | Jul 18-22, 2022 |  
Aug 1-5, 2022 | Aug 8-12, 2022

#### Lower Mainland:

North Shore  
Jul 11-15, 2022 | Aug 8-12, 2022

Vancouver  
Jul 11-15, 2022 | Jul 18-22, 2022 |  
Aug 1-5, 2022 | Aug 8-12, 2022

Richmond  
Jul 11-15, 2022 | Jul 18-22, 2022 |  
Aug 1-5, 2022 | Aug 8-12, 2022

Tri-Cities  
Jul 11-15, 2022 | Jul 18-22, 2022 |  
Aug 1-5, 2022 | Aug 8-12, 2022

Surrey  
Jul 11-15, 2022 | Jul 18-22, 2022 |  
Aug 1-5, 2022 | Aug 8-12, 2022

Abbotsford  
Jul 11-15, 2022 | Jul 18-22, 2022

Chilliwack  
Aug 1-5, 2022 | Aug 8-12, 2022

Annacis Island:  
Aug 8-12, 2022

Cadets to be dropped off and picked up by parents daily unless they live outside the community in which case transport may be available.

# Cadet Activity Program (CAP)

## FOR 2<sup>ND</sup> YEAR CADETS

The Cadet Activity Program is a locally delivered program held during Summer 2022. CAP provides a fun, challenging, and meaningful experience for cadets above and beyond what they would receive at the local corps and squadron level.

## CAP2

### All Elements (12 days, local training) - Completed Year 2

CAP2 is designed for 2<sup>nd</sup> year cadets to expand their cadet skills by participating in local, engaging and interactive community-based activities alongside other cadets. Activities will vary based on available community resources and will include interpersonal skills, leadership tools, recreation/sports activities, mental wellness skills, and community tours/specialist presenters. Cadets are required to participate in an overnight field training exercise (3 nights) to learn and practice their field/survival skills.



### CAP Locations

**Note for cadets in the Interior Area: Overnight CAP offered** to maximize cadet participation. Non-local cadets will remain overnight for the duration of CAP.

#### Dates & locations

##### Interior:

Kootenay: Tweedsmuir Scout Camp in Fruitvale  
Jul 4-15, 2022

Terrace: Terrace Air Cadet Hall  
Jul 4- 15, 2022

Prince George: Connaught Youth Centre  
Jul 18-29, 2022

Kamloops: Thompson River University  
Jul 11-22, 2022

Vernon: Vernon CTC D lines  
Jul 11-22, 2022

Penticton: Penticton Shooting Club  
Jul 11-22, 2022

##### Vancouver Island:

Comox  
Jul 18-29, 2022

Nanaimo  
Jul 18-29, 2022

Victoria  
Jul 11-22, 2022 | Aug 1-12, 2022

##### Lower Mainland:

North Shore  
Jul 18-29, 2022

Vancouver  
Jul 11-22, 2022 | Aug 1-12, 2022

Richmond  
Jul 11-22, 2022 | Aug 1-12, 2022

Tri-Cities  
Jul 10-23, 2022 | Aug 1-12, 2022

Surrey  
Jul 11-22, 2022 | Jul 31-Aug 13, 2022

Abbotsford  
Jul 11-22, 2022

Chilliwack  
Aug 1-12, 2022

Annacis Island:  
Jul 31-Aug 12, 2022

Cadets to be dropped off and picked up by parents daily unless they live outside the community in which case transport may be available.

# Cadet Training Centre (CTC)

## FOR 3<sup>RD</sup> YEAR CADETS AND UP

Courses will be offered to cadets who have completed their third year of training, or higher, hosted at Cadet Training Centres. Courses range in length from 2-7-weeks and take place at CTC locations across the country.



Cadets must be age 14+ and have completed their 3<sup>rd</sup> year to be eligible to attend the following courses. Courses listed below require cadets to stay overnight when held in person. Distance learning will be completed on a Cadet 365 account. Most up to date information can be found through this QR Code:



### All Elements

#### Drill and Ceremonial Instructor Course (DCI)

Location: HMCS Quadra CTC

Duration: 4 weeks

Jul 10-16, 2022 (distance learning) and Jul 17-Aug 6, 2022 (in person)

#### Military Band Musician (MB) / Pipe Band Musician (PB)

Location: HMCS Quadra CTC (MB)/ Blackdown CTC (PB)

Duration: 4 weeks

Jul 10-16, 2022 (distance learning) and Jul 17-Aug 6, 2022 or Aug 7-27 2022 (in person)

#### Fitness and Sports Instructor Course (FSI)

Location: Vernon CTC

Duration: 4 weeks

Jul 10-16, 2022 (distance learning) and Jul 17-Aug 6, 2022 or Aug 7-27, 2022 (in person)

#### Air Rifle Marksmanship Instructor Course (ARMI)

Location: Vernon CTC

Duration: 4 weeks

Jul 10-16, 2022 (distance learning) and Jul 17-Aug 6, 2022 or Aug 7-27, 2022 (in person)



### Air

#### Aviation Technology and Aerospace Course (ATA)

Location: Cold Lake CTC

Duration: 2 weeks (In person)

Jul 11-22, 2022 | Jul 25-Aug 5, 2022 | Aug 8-19, 2022

#### Survival Instructor Course (SI)

Location: Cold Lake CTC

Duration: 4 weeks

Jul 4-8, 2022 (distance learning) and Jul 11-29, 2022 (in person)

#### Advanced Aviation Course (AA)

Location: Cold Lake CTC

Duration: 4 weeks

Jul 25-29, 2022 (distance learning) and Jul 1-19, 2022 (in person)

#### Glider Pilot Training Course

Location: TBD (Northwest)

Duration: 6 weeks (in person)

July 4-Aug 19, 2022

Pre-requisite: Age 16+ by Sep 1, completed Grade 9, CAT3 Medical, height/weight restrictions

### Army

#### Expedition Team Member Course (ETM)

Location: Vernon CTC

Duration: 2 weeks (In person)

Jul 17-30, 2022 | Jul 31-Aug 13, 2022 | Aug 14-27, 2022

#### Fullbore Marksmanship Phase 1 (FMP1)

Location: Connaught CTC

Duration: 4 weeks (In person)

Jul 11-Aug 5, 2022

### Sea

#### Sail 1 Course (S1)

Location: HMCS Quadra CTC

Duration: 6 weeks (In person)

Jul 17-Aug 27, 2022

#### Sail 2 Course (S2)

Location: HMCS Quadra CTC

Duration: 6 weeks (In person)

Jul 17-Aug 27, 2022

\*\* Pre-requisite: CS1 and 2, SCOP 1, 2, 3, and Age 15+

#### Seamanship Course (Sea)

Location: HMCS Quadra CTC

Duration: 2 weeks (In person)

Jul 18-Jul 29, 2022 | Aug 1-12, 2022

Aug 15-26, 2022

# Cadet Training Centre (CTC)

## FOR 4<sup>TH</sup> YEAR CADETS AND UP

Courses will be offered to cadets who have completed their fourth year of training, or higher, hosted at Cadet Training Centres. Courses range in length from 2-7-weeks and take place at CTC locations across the country.



Cadets must be age 15+ and have completed their 4<sup>th</sup> year to be eligible to attend the following courses. Courses listed below require cadets to stay overnight when held in person. Distance learning will be completed on a Cadet 365 account. Most up to date information can be found through this QR Code:



### All Elements

#### Cadet Administration and Supply Assistant Course (CASA) (Trial)

Location: Cold Lake CTC

Duration: 2 weeks (In person)

Jul 11-22, 2022 | Jul 25-Aug 5, 2022 | Aug 8-19, 2022

#### Cadet Marine Small Engine Repair Course (CMSERC) (Trial)

Location: TBD

Duration: 5 weeks (In Person), over two summers

Jul 18-Aug 19, 2022

#### Staff Cadets

Employed as a member of the instructional, supervisory or administrative staff to deliver local CAP or in person CTC courses

Location/Duration: Dependent on courses/CAP - please review dates as applicable

Pre-requisite: Age 16+ by serial start date

\*\* For the majority of the serials, please anticipate 1 week prior to course start date for prep and arrival

### Air

#### Advanced Aerospace Course (AAS)

Location: St-Jean CFTC

Duration: 4 weeks

Jul 4-8, 2022 (distance learning) and  
Jul 11-29, 2022 (in person)

#### Power Pilot Training Course\*

Location: TBD (Northwest)

Duration: 6 weeks (in person)

July 11-Aug 19, 2022

Pre-requisite: Age 17+ by Sep 1, Cat3  
Medical

### Army

#### Expedition Team Leader Course (ETL)

Location: Vernon CTC

Duration: 4 weeks

Jul 10-16, 2022 (Distance learning) and  
Jul 17-Aug 6, 2022 or Aug 7-27, 2022  
(in person)

#### Leadership and Challenge (LC)

Location: Vernon CTC

Duration: 4 weeks (In person)

Jul 4-29, 2022 | Aug 1-26, 2022

#### Mountain Bike Instructor Course (MBI) (Trial)

Location: Vernon CTC

Duration: 2 weeks (In person)

Aug 14-27, 2022

### Sea

#### Ship's Boat Operator Course (SBO)

Location: HMCS Quadra CTC

Duration: 4 weeks

Jul 10-16, 2022 (distance learning) and  
Jul 17-Aug 6, 2022 or Aug 7-27, 2022  
(in person)

\*\* Pre-requisite SCOP 1 and 2

#### Advanced Sail Course (Adv Sail)

Location: TBD (Central Region)

Duration: 6 weeks (In person)

Jul 10-Aug 19, 2022

\*\* Pre-requisite: CS 1-4, SCOP 1-4



# Cadet Marine Small Engine Repair Course

## FOR CADETS AGE 16+

- Must have math 10 and english 10 or equivalent
- No medical restrictions
- Two year commitment (Course will run over two summers)

Location: TBD

Duration: 5 weeks - Jul 18-Aug 19, 2022

The Cadet Small Engine Repair Course (Trial) is a 5-week blended theory and hands on course consisting of 151 hours of technical marine servicing training.

Cadets will be taught the basic skill sets needed to perform routine maintenance on most outboards under reduced supervision.

**Occupational Skills**  
(44 Hours)

**Vessel Support System**  
(8 Hours)

**Engine System**  
(25 Hours)

**Engine Support System**  
(28 Hours)

**Electrical**  
(46 Hours)

